MEASURE YOURSELF

All measurements are taken directly on the body. $\,$



Height Measure from top of the head to bottom of your feet.

 $C\ h\ e\ s\ t$ Measure around the widest place of your chest.

 $\begin{array}{c} H\,i\,p\\ \\ \text{Measure around the widest}\\ \\ \text{place of your hips.} \end{array}$



Men	xs		M		XL	2XL	3XL	4XL	5XL
Height		173	178	183	188	193	194	195	196
Chest		94	100	106	112	118	124	130	136
Hip		95	101	107	113	119	125	131	137

Women									
Height	159	165	171	175	179	183	183	183	183
Chest	80	86	92	98	104	110	116	122	128
Hip	88	94	100	106	112	118	124	130	136